

Evaluating the position of a disturbance

The present invention relates to a method of and apparatus for evaluating the position of a disturbance on a transmission link, in particular where the disturbance is a time-varying
5 disturbance.

It is known to estimate the position of an irregularity in a waveguide by launching a test pulse in the waveguide, and monitoring the distributed backscattering of the test pulse so as to detect an abnormality, if any, in the time-dependence of the returned signal. An
10 example of an abnormality could be a step change in the time-dependent amplitude of a return signal. However, such known Optical Time Domain Reflectometry (OTDR) techniques are not well suited to detecting time-varying disturbances.

According to the present invention, there is provided a method of evaluating the position
15 of a time-varying disturbance on a transmission link, the method including the steps of: copying, at least in part, an output signal from a source, such that there is a pair of signal copies; transmitting the signal copies onto the transmission link; receiving from the transmission link at least partially returned signal copies previously transmitted thereon; combining the received signal copies of a transmitted pair so as to produce a combination
20 signal; and, using a temporal characteristic in the combination signal to evaluate the position of the disturbance on the communications link.

Because copies of the output signal are combined to produce a combination signal, any modification of at least one of these copies is likely to produce a change in the
25 combination signal, thereby facilitating the evaluation of a time-varying disturbance.

Preferably, the transmission link will be an optical waveguide, such as an optical fibre. A dynamic or other time-varying disturbance of the link will normally be a physical disturbance, such as an acoustic or other vibration. A physical disturbance is likely to
30 produced a strain or an elastic wave in the optical medium of the transmission link, thereby changing the phase of at least one of the signal copies travelling along the link. A dynamic disturbance may be stationary, that is, located at a stationary point. Alternatively, the dynamic disturbance may move along the optical waveguide.

Preferably, a signal will be returned by a process of distributed backscattering, for example Rayleigh backscattering, such that the signal is returned progressively as the signal propagates along the waveguide. This will normally give rise to a combination signal that is distributed over time. The combination signal will preferably be monitored to
5 detect a disturbance feature therein, from which disturbance feature the presence of a disturbance may be inferred.

One example of a disturbance feature may be a change in the amplitude of the combination signal, for example a step change with respect to time. The combination
10 signal may be displayed on a display devices as a function of time in the manner of a trace, allowing the occurrence of a disturbance to be visually inferred from the trace. However, the combination signal may be analysed to detect more subtle characteristics of a disturbance feature.

15 A temporal characteristic in the combination signal may be a return time associated with the disturbance feature, in particular the arrival time of returned signal copies (once combined) responsible for a disturbance feature, this time being the round-trip time for light propagating to and from the position of the physical disturbance. In one embodiment, a pulse from the source will give rise to a time distributed combination signal, and the
20 combination signal will be monitored as a function of the elapsed time from a reference time, which reference time will be related to the time at which the pulse is generated.

The output signals from a source will preferably have an irregular component, in which case the step of copying at least in part the output signal from the source will preferably
25 result in that the irregular component is common to each of the signal copies of a pair. Other characteristics of the signal need not be the same in each signal copy: for example, the signal copies may have different amplitudes. The irregular component will preferably be random, or pseudo random (by pseudo random, it is meant that although in theory a component is possible to predict, the time or processing power required to do this will
30 make it in practice impossible to predict). If the output signal has a waveform, the irregular component may be provided by the phase of the waveform if the waveform has randomly occurring phase changes. The waveform may conveniently be provided by an optical source having a short coherence time, preferably less than 10 pico seconds or even less than 1 pico second. The combination signal will preferably be an interference signal
35 resulting from the interference or mixing of two waveforms.

Preferably, the signal copies will be transmitted along the transmissions link with a time delay relative to one another, such that there is a leading copy and a trailing copy. The returned leading copy can then be delayed relative to the previously trailing copy, such
5 that both copies can be combined substantially in step with one another.

In a preferred embodiment, this is achieved using an interferometer stage, such as an unbalanced Mach Zehnder interferometer. In this preferred embodiment, the output from the optical source is fed to the interferometer, where the signal is copied, one copy being
10 channelled to one path of the interferometer, the transit time associated with each path being different, such that a relative or differential delay results between the time at which the signal copies are transmitted from the interferometer stage. The same interferometer stage can then be employed to re-align the returned signal copies in a particularly convenient manner, since the relative delay imposed in the outbound direction will be the
15 same as the relative delay imposed in the return direction, this being in each case determined by the difference in the transit times of the two paths.

The differential delay will preferably be chosen in dependence at least in part on the average coherence time of the source. The differential delay will preferably be much
20 longer than the coherence time. Preferably, the ratio of the differential delay to the coherence time will be greater or equal to 10^3 yet more preferably 10^5 or even yet more preferably 10^7 .

The steps of copying output signals and transmitting the signals will preferably be carried
25 out at a first location, a disturbance remaining detectable at distance of at least 1 km or even at least 10 km from the first location.

The transmission link may include an optical channel extending along a guide track, the guide track being arranged to guide the movement of a moving vehicle. In this way, the
30 transmission link may be used to monitor the movement of a vehicle guided to move along the transmission link.

Preferably, the optical channel will be in a mechanically coupled relationship to the track, such that movement of the vehicle causes a disturbance along the optical channel. The
35 optical channel need not be directly coupled to the track, and may be indirectly coupled for

example through the ground. For example, the optical channel may simply lie on the ground next to the track or in a duct, without necessarily being secured. However, because of the mechanical coupling, vibrations or other disturbances such as acoustic disturbances generated by the movement of the vehicle along the track may cause a
5 corresponding (albeit attenuated or modified) disturbance in the transmissions link, which disturbance will move along the link in a continuous fashion at the same speed as the vehicle.

Because the acoustic coupling to the optical channel need not (but may) be enhanced at
10 specific coupling points, and because instead the continuous coupling provided by the medium between the track and the channel will normally be sufficient, an optical channel provided by an existing track-side fibre cable may conveniently be used. Alternatively, a new cabled installed in an existing track-side duct may be employed.

15 The guide track will preferably have the form of one or more rails, which rails will normally guide the movement of a train. This arrangement is particularly convenient because the vibrations generated by train are likely to be significant, thereby making the position of such a vehicle easier to detect.

20 Further aspects of the invention are provided in the appended claims. The present invention will now be described in further detail below, by way of example only, with reference to the following drawing in which:

Figure 1 shows an optical sensing system with a transmission link, according to the present invention;

25 Figure 2 shows a signal processing circuit for use with the system of Figure 1;

Figure 3 shows how data can be multiplexed onto the link of Figure 1;

Figure 4 shows a photo receiver circuit;

Figure 5a shows an optical source circuit; Figure 5b shows another, less preferred optical source circuit;

30 Figures 6a-6c show measured traces of sampled return signals;

Figures 7a and 7b show theoretical curves;

Figure 8a shows a measured return signal; Figure 8b shows a plurality of theoretical curves;

Figure 9 shows how the position of a train may be sensed in a first embodiment;

Figure 10 shows how the position of a train may be sensed in a second embodiment; and,

Figure 11 shows how the position of a train may be sensed in a third embodiment

5 *Estimating the position of a disturbance*

Figure 1 shows a sensing system 10 in which a monitoring station 12 is connected to an optical fibre 16. A dynamic disturbance whose location along the fibre is to be determined is introduced onto the fibre at a point labelled X. In general terms, the monitoring station
10 12 is arranged to transmit sensing signals onto the fibre 16, which sensing signals suffer a phase change by the dynamic disturbance. Components of the sensing signals are returned by a process of Rayleigh backscattering along the fibre. Backscattered components returned to the monitoring station 12 are then processed to distinguish the phase change introduced by the dynamic disturbance. The position of the disturbance is
15 determined from the time of return of modulated backscattered components, since backscattered components returned from different regions of the fibre arrive at the monitoring station 12 at different times.

The monitoring station 12 includes an optical pulse source 18 with a short coherence time
20 (random phase changes in the output providing an irregular component to the signal), the pulse source being driven by a driver unit 118. Pulses from the optical source 18 are fed to an interferometer stage 20, here a Mach Zehnder interferometer with a first path 24 and a second path 26, the paths 24, 26 being coupled at each end by a respective first and second coupling stage 28, 30. For light travelling in the outbound direction, the first
25 coupling stage 28 acts as a directional power (intensity) splitter, channelling light from the optical source 18 to each of the paths 24, 26, the power to each path being shared in a predetermined manner (here, the first coupling stage acts as a 50:50 power splitter, although a different ratio could be used).

30 Thus, for each pulse provided by the optical source 18, that pulse is copied such that there is a first copy and a second copy, the first and second copies being in this example duplicates of one another. One copy travels along the first path 24 whilst the other copy travels along the second path 26. The second coupling stage 30 is coupled to an output 35 of the interferometer, which output is connected to the fibre 16. The second coupling
35 stage 30 acts as a combiner for light travelling in the outbound direction, channelling light

from the first and second paths to the interferometer output 35. The first path of the interferometer has a delay stage 34 for increasing the transit time of light travelling therealong between the first and second coupling stages 28,30, the transit time for light travelling between the coupling stages 28,30 being greater along the first path 24 than
5 along the second path 26. Thus, for each pulse produced by the optical source, the interferometer 20 serves to delay one of the pulse copies relative to the other pulse copy by a delay time D, pulse copies being transmitted onto the optical fibre network 16 at different times to one another.

10 For signals travelling in the return direction, the second coupling stage 30 act as a power splitter, in a similar fashion to the action of the first coupling stage 28 on light in the forward direction (from the optical source 18). In this way, the intensity of return signals is split at the second coupling stage 30, one portion being channelled along the first path 24, whilst the other portion is channelled along the second path 26. The first coupling stage
15 28 then serves to combine light from the first and second paths in the return direction, channelling the combined light as an interference (combination) signal to a signal processing system 29 coupled to an output of the first coupling stage 28.

The signal processing system includes: a photo-receiver 51 coupled to the first coupling
20 stage 28 for converting optical signals into electrical signals; a filter 52 for receiving electrical signals from the photo-receiver 51 and filtering the electrical signals; a first signal processing unit 54 for processing the filtered electrical signals; and an optional further processing unit 540 for performing more detailed processing of the electrical signals. The filter 52 bandwidth (about 1MHz) is matched to the expected signal
25 bandwidth in order to minimise extraneous noise.

The photo receiver 51 is shown in more detail in Figure 4. Light from the coupler 28 is incident on a photo transistor 702, here a PIN-FET, which produces an electrical output that is fed to a bipolar transistor 704, acting as a buffer, before being fed to a variable gain
30 current feedback amplifier 706. The light source 18 may be a Light Emitting Diode, a source of amplified spontaneous emission such as an Erbium-Doped Fibre Amplifier, a Semiconductor Optical Amplifier, or a Super Luminescent Diode since this has a broad and smooth power spectrum and a short coherence time of about 0.5 ps or less. However, a Fabry-Perot Laser Diode is preferred, as described later with reference to
35 Figure 5.

The radiation produced by the optical source may be unpolarised, or alternatively a depolarising unit 43 may be provided between the light source and the interferometer, for depolarising the light before the light is injected into the interferometer (the depolarising unit may be for example, a Fibre Lyot de-polariser). A polarisation controller or depolariser 49 may be provided in one of the paths of the interferometer, here, the first path, so that the polarisation of light from the first path combining in the return direction at the first coupler 28 is at least partially aligned with that of the light from the other path. A depolariser also has the advantage of effectively scrambling any polarisation structure in the returning backscatter signal making it much easier to detect loss defects.

Typically, the source will operate at a wavelength of between 1 micron and 2 microns, preferably around 1.3 or 1.55 microns, in order to efficiently make use of standard telecommunications optical fibre, such fibre being configured to support single mode transmission at this wavelength. Typically, the fibre will have a single core of a diameter which is around 9 or 10 microns.

The operation of the monitoring station 12 can best be understood by considering return components of outbound pulse copies returned from a particular point on a fibre. For each pulse generated by the source 18, there will be four resulting signals: a non-retarded signal S0 which has travelled along the second path 26 of the interferometer 20 in both the forward and reverse directions: a first retarded signal S1 delayed by a delay D in the forward direction (but not the reverse direction): a second retarded signal S2 retarded by the delay D in the reverse direction (but not the forward direction): and, a twice-retarded signal S3 retarded by a delay 2D, signal S3 being retarded in each of the forward and reverse directions.

The first and second retarded signals S1, S2 which are retarded in one direction only will be returned to the first coupling stage 28 at the same time. In the absence of any disturbance in the fibre 16, these signals are copies of one another (i.e. have the same phase or phase changes) and the signals will interfere or otherwise combine constructively at the first coupling stage 28. However, if one of the pair of the signals S1, S2 is modified relative to the other of the pair (as is likely to happen with a dynamic disturbance), the signals S1, S2 will no longer interfere constructively. This will result in a change in the interference signal from the first coupling stage. In particular, a relative

phase change in the signals S1,S2 will result in an amplitude change of the interference signal at an output of the first coupling stage.

A phase change on light travelling through the fibre will normally be effected by a physical disturbance. This is because a physical disturbance (caused for example by a displacement, an acoustic or ultrasound wave or other vibration) is likely to result in a change in the transmission properties of an optical fibre or other optical link. In particular, a physical disturbance such as that caused by a shock is likely to result in a time varying strain which will change the optical path length in the strained region of the light-carrying medium of the fibre (normally the silica glass core of the fibre), either through a change in the refractive index, polarisation, or a change in the physical length, or a combination of these.

For each pulse produced by the source, the interference signal will be distributed over a time corresponding to the transit time of the pulse copies along the fibre. Trace A of figure 8a shows how the interference signal (I) resulting from a transmitted pulse varies with elapsed time from the transmission of the pulse from the source (trace B is for a stronger disturbance). Here, each point along the trace corresponds to a position along the fibre at which the signal responsible has been returned.

Initially, the pulse copies will have suffered little attenuation through backscattering or loss. Therefore the intensity of the backscattered components, which is related to the intensity of the pulses, is high and the interference signal is also high. As the pulse copies travel along the fibre, the pulses are attenuated, as well as the backscattered components, with the result that the interference signal diminishes with time.

After a time t_1 , returned backscattered components will have originated from pulses which have travelled beyond the position X. When the pulse copies or the backscattered components pass through position X, the phase of the backscattered components resulting from the pulse copies will be affected by the disturbance. Because the disturbance changes with time, the relative phase of the backscattered components of a given pair of pulse will be changed, resulting in a sharp change in the interference signal at the time t_1 . Likewise, returned components from the pulses which have travelled beyond X will also be affected. Hence the trace remains shifted after time t_1 in a step-like fashion. Since the time t_1 corresponds to the round trip time to the first sensing location

and back, the distance along the fibre path of the point X can be inferred from the value of t_1 (or the value t_1 relative to a reference time which includes an offset, for example the offset due to the delay line 34 of the interferometer).

- 5 In order to view the trace of Figure 8a, the processing unit 54 includes a processor/memory circuit 55. The processor/memory circuit is connected to the driver 118 of the optical source 18, for accessing the electrical pulse signals which drive the source 18. The processor/memory circuit includes a timer unit 57 which indicates the elapsed time after the transmission of each pulse from the source, the timer unit being
- 10 configured to reset using the pulse signals when a new optical pulse is launched. The processor/memory circuit 55 is connected to the bandpass amplifier 51 so as to received the interference signal in the electrical domain, and to store the signal from each pulse as a function of elapsed time from the generation of the pulse. To store the interference signal as a function of time, the processor/memory circuit 55 is configured to sample the
- 15 interference signal at intervals, and to store each sample with the associated return time. The stored interference signal can then be viewed on a viewing device 101. However, the interference signal may be stored temporarily, for example through the remnance of a cathode display.
- 20 The pulses from the source will be transmitted in a repetitive fashion, preferably every 1 ms, the duration of each pulse being 1 μ s. Alternatively, for a higher resolution, the pulses may be 0.5 μ s long.

The delay line will preferably be at least 20 km since for shorter length and when a

25 disturbance is small (i.e., such that the fibre phase changes respond linearly), the interferometer system becomes less sensitive when the disturbance frequency is low. With a delay line of about 20 km (which corresponds to a delay of about 100 μ s), the pulse (signal) copies will be spatially distinct as they travel along the fibre, since the pulses are typically of 1 μ s duration, sent every 1 ms. However, for longer pulses, or a

30 shorter delay, signal copies may overlies one another. For a continuous signal, a signals will not each be a discrete entities, since consecutive signals will be joined seamlessly as a continuous waveform.

In one embodiment, the occurrence of a disturbance is first detected using a continuous

35 optical signal, reflected from a mirrored end surface 32 of the fibre, located at an

outstation 14. Essentially, the apparatus of Figure 1 can be used but with a source that produces a continuous signal rather than pulses. The signal is returned from the outstation, and recombined at the interferometer in a similar fashion to the pulses. However, with a continuous signal a bandpass amplifier 52 can be used that has a lower
5 bandwidth (about 100kHz) than that required for backscattered pulses, with the result that the interference signal will be less noisy, thereby allowing for a more sensitive detection of disturbances. Furthermore, with a continuous signal, the returned signal can be integrated over a time period, since positional resolution is not needed for the detection of a disturbance. Once a disturbance has been detected, its position can be established as
10 explained above. Nevertheless, as is clear from Figure 8a, it is possible to determine the occurrence itself of a disturbance using a pulse rather than a continuous signal.

Figure 2 shows a further signal processing unit 540. In a similar fashion to the first signal processing unit 54, the further signal processing unit 540 is suitable for evaluating, on the
15 basis of Optical Time Domain Reflectometry (OTDR), the distance of one or more disturbances along the link 16. Although in Figure 1 the further signal processing unit 540 is shown as an additional unit to the first processing unit 54, in practice just the further processing unit 540 may be implemented the monitoring station.

20 In general terms, the further signal processing unit 540 is configured to process the interference signal originating from a first location using the interference originating from a second location, the second location being positioned upstream of (that is, nearer the monitoring station than) the first location. In practise, this is done by sampling the return signal at a first time and at a second time, and evaluating the difference between the two
25 sampled signals. This approach recognises that the interference signal from the first location may include contributions from the second location, since the pulses (and returned components thereof) will pass through the first location to reach the second location. To avoid unnecessary processing, each location is associated with a resolution cell (determined by the pulse temporal width), the first and second locations
30 corresponding to adjacent resolution cells. The difference between the interference signal from adjacent resolution cells along the length of the fibre can be evaluated in this way.

The signal processing unit 540 includes a sampling unit 542, here an analogue differential sample and hold circuit, which circuit is connected to the filter 52 at an input 543. The
35 sampling unit 542 is configured to sample the incoming signals from the MZ coupler 28, in

particular from the filter 52 which in turn receives signals from the photo receiver 51. The sampling unit 542 includes: a sampling stage 544 configured to sample the incoming signals at spaced apart time positions; and alignment stage 546 for aligning the signals previously sampled at spaced apart positions; and, a comparison stage 548 for comparing the re-aligned signals, in particular for evaluating the difference between the signals. Signals from the comparison stage 548 are passed to a window detector circuit 550, configured to generate an output at a signal output 552, in particular if the output signal from the comparison stage 548 departs from a centre value by more than a threshold value.

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A timing control circuit 560 is included for providing trigger signals 561 for triggering the driver unit of the optical source 18 such that the source emits a pulse in response to each trigger signal. The timing control circuit 560 also generates clock pulses 562 which clock pulses control the operation of the sampling unit, in particular the sampling stage 544 and 546. The trigger signals 561 and the clock pulses 562 are generated by a common timing source 564, which may for example be a clock circuit. The trigger signals 561 may be tapped at a trigger output 566 and are fed to the trigger of an oscilloscope 568. The signal output 552 can then be fed to a signal input of the oscilloscope 568, which is preferably a storage oscilloscope, and viewed on a display 570. A raster circuit 572a may be provided to generate a raster signal which can be fed to the oscilloscope for generating a two-dimensional display. Further gates 575 and 577 are included in the timing control circuit as indicated in Figure 2.

The clock pulses in the present example are at a frequency of 0.5MHz and are of the alternating phase type, that is, a wave train is generated with one phase 562a, and another train is generated at a phase shift of 180 degrees. The timing control circuit is configured such that the clock phase alternates on every trigger pulse to the optical source 18, and also synchronises the raster generator for generating the two-dimensional display. The two-dimensional representation will allow the time-evolution of the backscatter signal from each position in the fibre to be observed on the display 570 of the storage oscilloscope 568. The digital and analogue electronics used separate, regulated and de-coupled power supplies (in Figure 3, upward pointing arrow indicates a connection to a positive supply rail, whilst downward pointing arrows show a connection to ground or the negative supply rail).

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In more detail, the sampling unit 542 includes a copying stage 572, which could be a simple "T" connector, for generating copies of the input signal (that is, the OTDR signal or a signal equivalent to the interference signal in the electrical domain). The sampling stage 544 has two sampling amplifiers A, B, each of which are triggered to sample by a
5 respective pulse unit 574, 576, the pulse units being fed with clock pulses from the timing control circuit 560. The copies A and B each respectively enter amplifiers A, B, where respective discrete-time pulse amplitude copies are generated. The pulse units 574, 576 are arranged such that the sampling instance of the two copies (A and B) is offset by a range resolution interval, here one microsecond. The signals from sampling amplifiers A,
10 B are then passed respectively to further sampling amplifiers A' and B' of the alignment stage 546, where these samples are then re-sampled.

The further sampling amplifiers A', B' or equivalently sampling gates are triggered by respective pulse units 578, 579 (the pulse units 578, 579 being driven by clock pulses
15 from the timing control unit 560). The further amplifiers A', B' are operated in such a way (through the timing of the pulse units 578, 579) that the re-sampled signals of the A copy precede the sampled signals of the B copy: this means that the A samples originate from a range resolution cell which immediately precedes that of the B signal. The result of this re-sampling strategy is that sampling points "walk" along the fibre link 16 (separated by a
20 distance corresponding to one microsecond), but with a step size of two microseconds (assuming the pulse initially transmitted by the optical source onto the fibre link 16 are one microsecond in duration).

The comparison stage 548 includes a difference amplifier 549 for evaluating the difference
25 between the twice sampled signals A and B: that is, the output of the difference amplifier gives an output related to $A - B$. Because the A and B traces are re-aligned before being compared, it may be considered that the values related to slope or gradient of the time-dependence of the signals is obtained. Effectively, the time-dependent sampled signals are differentiated: that is the difference between neighbouring samples is evaluated
30 (although the samples need not necessarily be immediately neighbouring samples).

The photo receiver 51 is shown in more detail in Figure 4. Light from the coupler 28 is incident on a photo transistor 702, here a PIN-FET, which produces an electrical output that is fed to a bipolar transistor 704, acting as a buffer, before being fed to a variable gain
35 current feedback amplifier 706. In Figure 5a, a preferred optical source 18 is shown in

more detail. Light for transmission onto the link 16 (through the interferometer stage) is generated by a Fabry Perot Laser 710. The trigger signal 561 from the timing control circuit 560 is received at a mono stable pulse generating unit 712, which generates a pulse for each trigger signal received, this pulse being amplified by a booster amplifier 714 so as to drive the laser 710. Figure 5b shows an alternative in which a DFB laser is used. However, it has been found that a DFB laser can give rise to coherence noise, and instability.

Figures 6a, 6b, and 6c show the sampling waveforms at various points in the signal processing unit 540. Figure 6a shows the position of the regular (re)sampling pulses relative to the pulse amplitude modulated sampled waveforms A and B. In Figure 6a, repeating sample pulses 720 are shown (darkest line). The A sampled signal (the output from amplifier A) is shown in the grey line 722, whilst the B sampled signals (that is, the output from the amplifier B) are shown by the lighter line 724. As can be seen from the "A" trace, the amplitude of the backscattered signal decreases as the elapsed time (since the launch of a test pulse from the optical source) increases, as is normally expected in OTDR. The amplitude of the "B" trace 724 likewise decreases with the elapsed time, but is shifted relative to the A trace.

In Figure 6b the re-sampled signals A and B (that is, outputs from sampling amplifiers A' and B') are shown, the A sample being the darker trace 726 whilst the B sample is the lighter trace 728. Because the two signals have been re-sampled, as explained above, these are now aligned. The difference in the A and B re-sampled signals (that is, the output $(A - B)$ from the comparison stage 548) is shown by the lighter trace 730. Although there are no apparent features indicating a disturbance in this trace, the $(A - B)$ trace of Figure 6c clearly shows a feature at about 165 microseconds (the time corresponding to the step change in curves A and B). The difference between the traces of Figures 6b and 6c is that the clock signals driving the sampling amplifiers has zero phase shifts in Figure 6b, but a 180 degrees phase shift in Figure 6c. This illustrates how by generating a first $(A - B)$ trace with a clock signal at one phase, and another $(A - B)$ trace with the clock at a phase offset by 180 degrees, gaps between the sampling cells in one trace can be effectively removed by sampling in cells which are shifted by one cell length. In this way, the resolution of the present embodiment is one microsecond, corresponding to a length of the order of 100 metres. Thus, the resolution length is equivalent to the pulse length of the test signals from the optical source 18.

Sensing a data-carrying optical link

Figure 3 shows how the optical fibre of Figure 1 or other transmission link 16 may carry data in a wavelength division multiplexed fashion. The transmission link 16 is coupled to the monitoring station 12 at a connector 162 by a coupling fibre 160 leading to a sensing portion 161 of the transmission link. Radiation from the coupling fibres 160 is introduced into the link 16 by a first wavelength coupler 164 at the input end of the link 16 (i.e., the monitoring side), whilst at the output end of the link 16 (away from the monitoring side), there is provided a second wavelength coupler 166, such that light from the link 16 can be coupled to an end reflector 168 located at the end of a termination fibre 170, the termination fibre 170 connecting the second wavelength coupler 166 to the reflector 168. A transmitter station 172 and a receiver station 174 are respectively connected to the first and second wavelength couplers 164, 166.

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The wavelength couplers 164, 166 are each configured such that using a wavelength division multiplexing technique, data can be transmitted over the link 16 between the transmitter and receiver stations 172, 174 at one wavelength, whilst radiation from the monitoring station 12 is carried at another wavelength over the fibre link 16, radiation from the transmitter station 172 and the monitoring station 12 being transmitted over a common fibre or medium within the link 16.

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At the second wavelength coupler 166, light at the wavelength of the source 18 is directed from the link 16 and to the termination fibre 170, where, upon reflection at the reflector 168, the radiation is reflected and returned into the link 16, for return transmission to the monitoring station. In this way, communication can take place along the link 16, whilst the link is being monitored, without unduly affecting the communication (although a disturbance along the fibre path formed by the coupling fibre 160, the fibre link 16 and the termination fibre 170 may be detected). In an alternative embodiment, the communications link 16 is a cable having a plurality of optical fibres, although the coupling fibre onto which signal streams are launched from the interferometer 20 will preferably be a single fibre. In such a situation, the coupling fibre 160 will simply be coupled to one of the transmission fibres of the link 16, which fibre will be coupled at an opposing end to the reflector 168. Thus, signals between the transmitting station 172 and the receiving station

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174 can still be carried over the other transmission fibres, a disturbance in the monitored fibre being indicative of a disturbance in the cable.

As can be seen from the above description, a fibre that is being used for communication
 5 can be monitored whilst communication traffic is being carried by the fibre. A person attempting to eavesdrop on the fibre is likely to cause a physical disturbance by handling the fibre. If a disturbance occurs, the position of the disturbance along the fibre can be evaluated, allowing the eavesdropper to be located. It is thus it is possible to provide a secure transmission path for data transmission.

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Theoretical details

The following explains the theory behind at least some aspects of the above embodiment, based, at least in part, on scalar Interferometer OTDR Theory. The theoretical operation
 15 of the interferometer OTDR using a pulsed probe signal to excite a distributed Rayleigh backscatter signal in order to give disturbance position information is rather involved. The problem is best understood by first considering a discrete reflector and a continuous wave excitation signal.

20 For a 'point' disturbance of the form $m(t) \approx \exp(-j\phi_m(t))$. Under cw excitation, it can be shown that the "ac" term at the output of the sensor is given by...

$$z_{ac}(t) \propto 2.Cos[\phi_m(t-\tau) + \phi_m(t-2T+\tau) - \phi_m(t-\tau-D) - \phi_m(t-2T+\tau-D)] \quad (1)$$

25 where, T is the time of flight of the reflection point from the start of the fibre under test, and τ is the time of flight to the point of the disturbance. D is the unbalanced delay in the interferometer.

If we consider a sinusoidal modulating disturbance of the form $\phi_m(t) = a.Sin(\omega_m t)$, then
 30 equation (1) becomes...

$$z_{ac}(t) \propto Cos[4.a.Sin\{\frac{\omega_m D}{2}\}.Cos\{\omega_m(T-\tau)\}.Cos\{\omega_m(t-T-\frac{D}{2})\}] \quad (2a)$$

which can be put in the form...

$$z_{ac}(t) \propto \text{Cos}[R_2 \cdot \text{Sin}(\omega_m t - \psi_2)] \quad (2b)$$

- 5 This is a classical result for angle variation and can be evaluated using Bessel functions of the first kind. The angle variation depth R_2 is a function of the amplitude a , position τ , and the frequency ω_m of the disturbance and given by

$$R_2 = 4.a.\text{Sin}\left\{\frac{\omega_m D}{2}\right\}.\text{Cos}\{\omega_m (T - \tau)\}. \quad (2c)$$

10

From (2c), it follows that the variation depth will undergo minima and maxima at the following points in time and frequency...

$$\text{Min when } f_m = \frac{n}{D}, \quad \frac{2n-1}{4(T-\tau)}; \quad \text{Max when } f_m = \frac{2n-1}{2D}, \quad \frac{n}{2(T-\tau)}$$

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where n is an integer in the range $[-\infty, \infty]$.

Figure 7a,7b show examples plots of equation (2c) for various values of modulating frequency, interferometer delay D , and relative disturbance location $(T-\tau)/D$, in particular
 20 for $4a=1$, $D=25\text{km}$ (the delay line will preferably be at least 20 km), $T-\tau=2D$ and $f_m=0.8\text{kHz}$. Figure 7a effectively shows how the response of the sensor, that is, its sensitivity, as a function disturbance frequency, illustrating the effects of the non linear response of the fibre to disturbances. Trace A is for a low amplitude disturbance, trace B for a high amplitude disturbance.

25

Pulsed probe signal: a simple way of examining the OTDR approach is now to consider the fibre as comprising n distributed reflections where each reflection is located in an OTDR range resolution cell. The cell size is defined by the duration of the OTDR probe pulse (τ_w) and is typically $1\mu\text{s}$ (corresponding to $\sim 100\text{m}$ resolution). The amplitude and
 30 phase of the signal reflected from each cell being a function of the fibre attenuation (to/from the cell) and the ensemble average of the component scattering centres within it.

Each cell now takes on the role of the discrete reflection described above and therefore defines T. Indeed, T now takes the form of a set of points T_i where $i = 1$ to n .

The formulation of the resulting signal can now be derived from equation (1) providing we
 5 introduce the excitation signal which is described by the OTDR pulse probe signal $p(t) = P_o \cdot \text{rect}[t/\tau_w]$.

$$z_{iac}(t) = K_i(t - D - 2T_i) \cdot \cos[\phi_m(t - \tau) + \phi_m(t - 2T_i + \tau) - \phi_m(t - \tau - D) - \phi_m(t - 2T_i + \tau - D)] \quad (3)$$

10 where, $z_{iac}(t)$ is the ac component of the signal from cell i , and,

$$K_i(t) = |p(t) \otimes h_i(t)|^2 \quad (4)$$

is the convolution between the OTDR probe pulse and the i -th range resolution cell.

15

The important point to note is that the random phase component from the scattered signal in the i -th cell is lost in the detection process ($|\cdot|^2$ operator in equation 4), so it does not impair the results.

20 Thus, equation (4) shows that the resulting signal with an OTDR can be interpreted using the simpler formulation of equations (1) and (2). However, the signal at each resolvable point on the OTDR trace is found by substituting the appropriate value for T_i into these equations. The amplitude of the signals is also modified by the characteristic exponential decay of an incoherent OTDR signature.

25

This simple model explains the shape of the OTDR traces seen in the practical experiments. Figure 8a shows a single-shot measured OTDR trace with a disturbance at a frequency of 1.25kHz located at position X (horizontal axis is time, vertical axis is the level of the (combination) signal from the interferometer stage. Curve (A) shows a typical single
 30 pulse response when the disturbance is small in magnitude. From pulse to pulse, the level moves up/down along the entire length of the trace as the disturbance varies. However, as the disturbance amplitude is increased, the trace begins to show structure along its length (curve B). This structure also vibrates up/down from pulse to pulse. (Figure 8(a) shows measured OTDR trace from a test fibre of length $\sim D/2$ ($D = 25\text{km}$). Figure 8(b)

shows theoretical magnitude of the disturbance length distribution (equation 2c) for the fundamental and first two odd harmonics of the disturbing tone.

Thus, the disturbance feature at the time position (corresponding to the spatial position) X is in this example a sharp change, here an increase, in the interference signal, although the change could be a decrease, as shown in the example of Figures 6a – 6c.

This length dependent structure is predicted by the modelling. Figure 8b shows the magnitude of the resulting variation depth (equation 2c) as a function of the odd harmonic frequencies that will be generated by increasing the magnitude of the disturbance. $(T-\tau)/D$ corresponds to the distance between the disturbance point "X" and the i-th scattering region. There is clearly a null at the 5th harmonic at a point just over half way along the fibre. The OTDR traces show the characteristic length distribution variations predicted by the theory.

Signal Processing to extract position information: The OTDR traces in Figure 8a show that even a point disturbance can result in a distributed feature along the backscatter signature. However, the crucial point is that there is always an abrupt change in the signature at the point where the disturbance occurs. Figures 6b and 6c show this. These real-time analogue backscatter signals show that the start of the disturbance can be located with an accuracy that is determined by the OTDR range resolution ($\sim 1 \mu\text{s}$ in this case). Thus, the signal processing system is designed to look for these features by comparing the signal from two adjacent range-resolution cells (A) and (B). By performing the difference between them, the slower structure shown in Figure 8a will disappear (adjacent cells are correlated unless there is a disturbance located between them). Thus, in principle, any number of simultaneous disturbances can be located by this technique.

The window detector (Figure 2) can be used to select (A-B) features above a certain magnitude in order to produce a range marker (or bright-up spot) on the OTDR trace. Similarly, a two-dimensional "television like picture" of the disturbance can be formed. In this case, the x-direction corresponds to distance along the fibre, the y-direction to the disturbance time history for every range resolution cell, and the z-variation is driven by the window-detector output.

Sensing the position of a moving vehicle

A sensing system 300 for sensing the position of a vehicle is shown in Figure 9 (like components with regard to previous figures having like numerals). Here, an optical fibre cable 16 (transmission link) extends along a railway track 302 in order to sense the position of a train 304 travelling along the track. The fibre cable 16 extends in a generally parallel direction to the track 302, preferably being buried in the ground or in a duct in the vicinity of the track.

At one end, the fibre cable 16 is coupled to monitoring apparatus, in the form of a monitoring station 12 (such as that shown in Figure 1) for monitoring a physical disturbance of the fibre cable 16, in particular a dynamic disturbance. The fibre cable will be laid sufficiently close to the rail track 302 for the movement of the train 304 to cause a dynamic disturbance in the fibre cable 16, which dynamic disturbance can be sensed at the monitoring station 12. The disturbance caused by the train will generally be local to the train 304, with the result that the moving disturbance of the train will bring about a dynamic disturbance which moves along the cable 16 with a speed corresponding to that of the train. Thus, the fibre can act as a sensor which monitors vehicle movement in a spatially continuous fashion.

20

The fibre cable 16 will be laid along the side of the track 302, and may be buried underground or in existing ducts, sufficiently close to the track for disturbances produced by the train to propagate through the ground to reach the fibre cable 16. The fibre cable may be laid under the track, but preferably will be laid next to the track, for example at a distance of 1 m from the track. Alternatively a bore or groove extending along a rail of the track may be provided to receive the fibre cable 16, the fibre cable 16 extending along such a bore or groove. In one embodiment, an existing duct alongside the track may conveniently be used to house the cable.

Clearly, the sensitivity of the fibre cable 16 to a moving train will depend on the local circumstances, such as the distance between the fibre (or duct) and the track, ground and soil conditions, cable characteristics etc. Therefore, the sensitivity of the system may not be constant along the length fibre 16.

A further fibre cable 116 may be routed along the track, in a similar fashion to the first fibre 16, but with a monitoring station 112 coupled to an opposite end relative to that of the first fibre. Thus, when the train is far from one monitoring station, it will be closer to the other monitoring station. This will improve the sensitivity of the system as a whole, since
5 generally, the sensitivity along any one fibre diminishes as the distance from the monitoring station for that fibre increases.

In order to increase the mechanical coupling between the fibre 16 and the track, the fibre may be laid under the track in a transverse direction at one or more points. Preferably,
10 the fibre path will have one or more U-shaped portion laid under the track, as shown in Figure 10, thereby crossing the track transversely at two points close to one another (if more than one U-shaped portion extends under the track, the spatial resolution of the monitoring station will be chosen such that the disturbances from neighbouring U-shaped portions can be distinguished from one another.

15 A plurality of U-shaped portions may be arranged in a side to side arrangement, for example in the vicinity of a station 306, the fibre extending generally parallel to the track between the U-shaped portions. Away from the station area, the fibre will generally extend parallel to the track, that is, in a side-by side arrangement.

20 Alternatively, as shown in Figure 11, a first fibre 16 may be arranged as a plurality of U-shaped portions, for use in a station area, whilst a second fibre 116 extending parallel to the track may be used for sensing train positions between stations.

25 Typically a fibre cable will extend in a generally parallel direction to the track between stations, normally for a distance of 1 km or more, preferably 10 km, such that the fibre is able to sense movement over a generally continuous distance of at least 1 km, even 10 km. Clearly, the sensor system will be able to determine position with a resolution that is less than the generally continuous distance, the resolution being governed by the duration of
30 the optical pulses and the extent of the propagation of a detectable disturbance from the train or other vehicle. Even if transverse portions are provided between generally parallel portions of fibre, there will be preferably provided at least one generally parallel portion extending at least 1 km, preferably 10 km.

It as thus be seen that the present embodiments can allow phase differences in a pair of signal copies to be combined in order to form a interference signal, so that the time-varying phase changes in a fibre brought about by a disturbance result in a phase differences between the signal pairs (one of which trails the other) which phase difference can be converted to amplitude changes in a interference signal.

In summary, in the above embodiments an optical time domain reflectometry technique is used in which a series of low coherence test pulses is launched into an the optical link, and the backscattered return signal is monitored. The test pulses pass through an unbalanced Mach Zhender interferometer with the result that for each test pulse, a pair of time-displaced pulse copies is launched onto the link. The backscattered return signal is passed through the same interferometer, which causes the pulse copies of each pair to become realigned and to interfere with one another. A time-varying disturbance is likely to affect each pulse copy of a pair differently. As a result, an abnormality such as a step is likely occur in the backscattered signal. From the time position of an abnormality, the distance of the disturbance responsible is evaluated.